



**YOUR MEDICAL HISTORY page 2**

**5 Previous treatments & tests**

Name of the doctor that treated you FIRST for this problem and the city. \_\_\_\_\_

Have you seen a spine surgeon in the past?  Yes  No If **YES**, please provide the name of the surgeon \_\_\_\_\_

What treatments did you have? \_\_\_\_\_

What tests have you had?  CT scan  MRI  X-ray  EMG  
 Other (list) \_\_\_\_\_

Did you have any injections for your problem?  Yes  No  
 (If yes, describe) \_\_\_\_\_

Did these injections help?  Yes  No  
 (If yes, describe) \_\_\_\_\_

Did you have previous back or neck surgery?  Yes  No  
 (If yes, describe) \_\_\_\_\_

List any other PREVIOUS SURGERIES you had, and dates: \_\_\_\_\_

Have you ever had a blood transfusion?  Yes  No  
 (If yes, describe) \_\_\_\_\_

Did you have physical therapy before for your problem?  Yes  No  
 (If yes, describe) \_\_\_\_\_

Did this therapy help?  Yes  No  
 (If yes, describe) \_\_\_\_\_

Do you do any special exercises for your back or neck?  Yes  No  
 (If yes, describe) \_\_\_\_\_

List any medications you are taking: \_\_\_\_\_

What other medications have you tried? \_\_\_\_\_

What do you hope we can accomplish today? \_\_\_\_\_

What other concerns do you have? \_\_\_\_\_

**6 Your health**

List any ALLERGIES you have to medications, foods, etc. \_\_\_\_\_

Do you have any adverse reactions to anesthesia?  Yes  No

(If yes, describe) \_\_\_\_\_

Do you smoke?  Yes  No (If yes, how many packs a day?) \_\_\_\_\_

Do you drink alcohol?  Yes  No (If yes, how many days a week?) \_\_\_\_\_

Do you have any of the following medical problems:

- |                         |  |                                  |  |
|-------------------------|--|----------------------------------|--|
| AIDS/HIV                | <input type="checkbox"/> Yes <input type="checkbox"/> No | Nerve problems                   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Arthritis or joint pain | <input type="checkbox"/> Yes <input type="checkbox"/> No | Psychiatric problems             | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Bleeding disorders      | <input type="checkbox"/> Yes <input type="checkbox"/> No | Stomach problems                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Cancer                  | <input type="checkbox"/> Yes <input type="checkbox"/> No | Thyroid problems                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Diabetes                | <input type="checkbox"/> Yes <input type="checkbox"/> No | Anxiety/Depression               | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Epilepsy                | <input type="checkbox"/> Yes <input type="checkbox"/> No | <u>Recently, have you had...</u> |  |
| Heart problems          | <input type="checkbox"/> Yes <input type="checkbox"/> No | Fever or chills                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Hepatitis               | <input type="checkbox"/> Yes <input type="checkbox"/> No | Weight loss                      | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| High blood pressure     | <input type="checkbox"/> Yes <input type="checkbox"/> No | Chest pain                       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Migraines/headaches     | <input type="checkbox"/> Yes <input type="checkbox"/> No | Shortness of breath              | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Muscle diseases         | <input type="checkbox"/> Yes <input type="checkbox"/> No | Worse pain at night              | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Swollen ankles          | <input type="checkbox"/> Yes <input type="checkbox"/> No | Night sweats                     | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Other problems: \_\_\_\_\_

**7 Your family history**

Do any family members have a history of:

- |                         |  |                      |  |
|-------------------------|--|----------------------|--|
| Back/neck problems      | <input type="checkbox"/> Yes <input type="checkbox"/> No | Hepatitis            | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| AIDS/HIV                | <input type="checkbox"/> Yes <input type="checkbox"/> No | High blood pressure  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Arthritis or joint pain | <input type="checkbox"/> Yes <input type="checkbox"/> No | Migraines/headaches  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Bleeding disorders      | <input type="checkbox"/> Yes <input type="checkbox"/> No | Muscle diseases      | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Cancer                  | <input type="checkbox"/> Yes <input type="checkbox"/> No | Nerve problems       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Diabetes                | <input type="checkbox"/> Yes <input type="checkbox"/> No | Psychiatric problems | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Epilepsy                | <input type="checkbox"/> Yes <input type="checkbox"/> No | Stomach problems     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Heart problems          | <input type="checkbox"/> Yes <input type="checkbox"/> No | Thyroid problems     | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Other problems? \_\_\_\_\_

Reviewed \_\_\_\_\_ Date \_\_\_\_\_

**PERSONAL INFORMATION**

**1 Patient information**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Personal Phone # \_\_\_\_\_ Work Phone # \_\_\_\_\_  
 Social Security # \_\_\_\_\_ Medicare # \_\_\_\_\_  
 Marital Status:  Single  Married  Divorced  Widowed  
 Date of Birth (M/D/Y) \_\_\_\_\_ Age \_\_\_\_\_ Sex (M/F) \_\_\_\_\_  
 Occupation (If retired, list prior occupation) \_\_\_\_\_  
 \_\_\_\_\_  
 Employer's Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Telephone # \_\_\_\_\_  
 Name of Personal Doctor \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_  
 Name of Pharmacy \_\_\_\_\_  
 Pharmacy Address \_\_\_\_\_  
 Pharmacy Phone \_\_\_\_\_

**2 Person responsible for payment**  
 (Leave blank if same as patient)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Personal Phone # \_\_\_\_\_ Work Phone # \_\_\_\_\_  
 Social Security # \_\_\_\_\_  
 Date of Birth (M/D/Y) \_\_\_\_\_ Age \_\_\_\_\_ Sex (M/F) \_\_\_\_\_  
 Occupation (If retired, list prior occupation) \_\_\_\_\_  
 \_\_\_\_\_  
 Employer's Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**3 How did you hear of us?**

Friend/Relative  Newspaper/Magazine  Yellow pages  Internet  Insurance directory  Referral - Dr. name \_\_\_\_\_

**4 Insurance information**

Primary Insurance _____	Secondary Insurance _____
Policy # _____ Group # _____	Policy # _____ Group # _____
Claims Address _____	Claims Address _____
City _____ State _____ Zip _____	City _____ State _____ Zip _____
Insurance Telephone # _____	Insurance Telephone # _____
Name of Policy Holder _____	Name of Policy Holder _____
DOB: _____	DOB: _____

## CONSENT FORM

### 1 Financial agreement

I hereby give authorization for payment of insurance benefits to be made directly to the provider and any assisting physicians for services rendered. I understand that I am financially responsible for all charges whether or not they are covered by insurance. In the event of default, I agree to pay all costs of collection and reasonable attorney's fees. I hereby authorize this health care provider to release all information necessary to secure the payment of benefits. I further agree that a photocopy of this agreement shall be as valid as the original.

Insurance authorization must be obtained before a patient is seen. If I do not inform the physicians seen in this clinic of my current insurance and the insurance is denied because of no authorization, I will be responsible for payment. If authorization is not obtained from the insurance company before my scheduled appointment and I still choose to see the doctor, I will be responsible for the bill at the time of service.

Patient Name \_\_\_\_\_

Signature of responsible party \_\_\_\_\_

Today's Date \_\_\_\_\_

### 2 Consent for minor

I grant the physicians associated with the practice the authority to administer treatments and perform such procedures as may be deemed necessary for the patient.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Relationship to patient \_\_\_\_\_

### 3 Notice of privacy practices

I hereby acknowledge that I received a copy of this medical practice's Notice of Privacy Practices. I further acknowledge that a copy of the current notice will be posted in the reception area. I will be offered a copy of any amended Notice or Privacy Practices.

Signature \_\_\_\_\_ Date \_\_\_\_\_

If not signed by the patient, please indicate the relationship between the signee and the patient:

- Parent or guardian of minor patient
- Guardian or conservator of an incompetent patient
- Beneficiary or personal representative of deceased patient

### For office use only

Date received \_\_\_\_\_ Copayment \_\_\_\_\_

Authorization required  Yes  No Processed by \_\_\_\_\_

Practice follow-up  Yes  No Date of follow-up \_\_\_\_\_

Complete the following only if the patient refuses to sign the acknowledgement

Efforts to obtain \_\_\_\_\_

Reason for refusal \_\_\_\_\_

\_\_\_\_\_

## WORK-RELATED INJURY REPORT FORM

### 1 Universal injury or accident statement

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_ Today's Date \_\_\_\_\_

Please complete the following statement. Most insurance companies request accident details and this may be forwarded with your insurance claim or provided to an adjuster to complete your claim. Please complete the sections that apply to your injury and sign at the bottom of the form.

Date of injury \_\_\_\_\_

Place where injury occurred (work, home, parking lot, car, friend's house, etc.) \_\_\_\_\_

### 2 Please describe how the injury or accident occurred

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### 3 Work related injury

Was the injury work related?  Yes  No (If yes, complete this section)

Name of Employer \_\_\_\_\_

Telephone # \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Workman's Compensation Carrier \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_

Claims Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### 4 Third party liability settlement

Is there a possible third party liability settlement? (e.g., auto, homeowners, property)

Yes  No (If yes, complete this section)

Name of Insurance \_\_\_\_\_

Telephone # \_\_\_\_\_

Adjuster's Name (if known) \_\_\_\_\_

Telephone # \_\_\_\_\_

### 5 Authorization

I certify that this information is true and accurate. I hereby authorize the release of a copy of this form as may be necessary to obtain reimbursement from any insurance company which may request information regarding my injury and the nature of the treatment. I also understand that I am responsible for responding promptly to my insurance carrier if they request any additional information, and that failure to provide requested information may categorize my treatment as a "non-covered" service and may make me personally liable for the medical charges incurred.

Patient Name (or signature of responsible party) \_\_\_\_\_ Today's Date \_\_\_\_\_

**PHYSICIAN REFERRAL FORM**  
 FOR PHYSICIANS ONLY

**1 Patient information**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_  
 Date of Birth (M/D/Y) \_\_\_\_\_ Personal Phone # \_\_\_\_\_ Work Phone # \_\_\_\_\_  
 Diagnosis/Symptoms \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**2 Referred for**

Referring doctor: \_\_\_\_\_

Physical Medicine/Pain Medicine:  Eval/Treat  2nd opinion only

Spine Surgeon:  Eval/Treat  2nd opinion only

Physical Therapy:  As indicated  PT only (I will manage other care)  
 No PT (I will manage PT)

Electrodiagnostics (EMG/NCV):  As indicated by Diagnosis/Symptoms  
 Specific request \_\_\_\_\_

Report to me within:  5 - 7 days  
 Urgent - 1 - 2 days  
 Same day - please call

Diagnostic/Therapeutic Injections  within 2 - 5 days  1 day - please call

Epidural:  Caudal/Lumbar  Transforaminal Level(s)/Side(s) \_\_\_\_\_

Facet Joint(s) Level(s)/Side(s) \_\_\_\_\_

Medial Branch Block(s) Level(s)/Side(s) \_\_\_\_\_

Selective Nerve Root Block Level(s)/Side(s) \_\_\_\_\_

Sacroiliac, Intra-Articular  Right  Left

Hip, Intra-Articular  Right  Left

Trigger Point(s) Location(s) \_\_\_\_\_

Other injections \_\_\_\_\_

Provocative Lumbar Discography: Suspected Level(s) \_\_\_\_\_  
 With post-procedural CT

**3 Authorization**

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_  
 Contact Telephone # \_\_\_\_\_

## **PRIVACY NOTICE | YOUR PERSONAL HEALTH INFORMATION**

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please read it carefully. We understand that the privacy of your personal information is important to you. As your physician, we believe your right to privacy is a fundamental part of your treatment; as such, we want you to understand our privacy practices and procedures. Should you have any questions regarding these policies please do not hesitate to ask us. We need to collect personal information about you and your family as part of our registration process, during the course of your care, and from other health care entities you utilize such as hospitals, laboratories, other physicians, imaging facilities and your insurance company. This personal information includes items such as your name, address, phone number, birth date, social security number, employer, health history, insurance policy and coverage information and any information you provide via our website. During the course of your treatment we will collect health information regarding diagnosis, treatment plans, progress and any test results or films.

### **HOW YOUR INFORMATION IS USED**

The personal and health information gathered may be used and disclosed with your general consent for purposes of treatment, payment, or routine healthcare operations. This means we may send your information to other physicians or facilities involved in your treatment as well as to your insurance company or a collection agency to obtain payment. Any other uses of your information require a signed authorization by you, the patient or guardian and can be revoked in at any time with a written request. We do not sell patient information to marketing or pharmaceutical companies. In certain cases of public health interest we may be required to disclose certain information to local, state or national health organizations or government agencies. We may contact you to provide appointment reminders or information about treatment alternatives or other health related-benefits and services that may be of interest to you.

### **SAFEGUARDING YOUR PERSONAL AND HEALTH INFORMATION**

We are required by law to (1) make sure that medical information that identifies you is kept private (2) provide you with our privacy policy (3) follow the terms laid out in the privacy policy. As a means of protecting your privacy, we restrict access to your personal and health information to only those employees who require the information to complete their jobs and provide quality service to you. We maintain physical, electronic and procedural safeguards to comply with state and federal regulations that guard your personal and health information. If you feel your privacy has been violated you have that right to file a complaint with the Department of Health and Human Services. The complaint in no way influences your course of treatment. You have the right to request restrictions to our uses or disclosures of your personal or health information, although we are not required to agree to those restrictions. Once your request has been processed it will remain in effect until you request a change.

I have received a copy of this Privacy Policy.

Patient Name (printed): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **OUR PAIN MEDICATION POLICY**

In the course of your treatment, you may receive pain medications. However, all physicians are required by federal law to follow stringent policies related to the use of prescription drugs, especially narcotics.

Consequently, all patients need to make arrangements to obtain any necessary prescription refills prior to the weekend. We will not provide pain prescriptions or pain prescription refills during the weekend which begins each Friday at noon and ends the following Monday at 8:30 a.m.

The goal of our spine center is to help patients become less dependent on pain medications. Consequently, our policy is to NOT provide prescription refills by phone. So you may need to see the physician or the physician assistant to make these arrangements. Please call at least two days prior to your last dose. This will assure the most prompt response to your request. Do not wait until the day your medication runs out. Our clinical staff needs sufficient time to review your request for refill.

### **USE ONE PHARMACY**

Using the same pharmacy helps assure that the pharmacy will stock your medication for refills and that the pharmacy will know that you have a legitimate need for pain medication. Consequently, it is in your best interest to use only ONE pharmacy for refills of your pain medication.

### **PROTECT YOUR MEDICATION FROM LOSS**

You are personally responsible for the safekeeping of your medication. Please do not sell, trade or give it away. If your medication is damaged, stolen or lost you must notify us right away.

Please do not seek pain medication from any other doctor unless approved by our clinical staff. Let us know if at any time another doctor prescribes medication for you.

The above restrictions apply a variety of prescription drugs, including, but not limited to:

1. Narcotics. (Example include, Vicodin, Percocet, Oxycontin & Codeine)
2. Non-Steroidal Anti-Inflammatory drugs, "NSAIDS". (Example include, Motrin, Celebrex & Naprosyn)
3. Non-narcotic and other Pain Medicine. (Example include, Ultram or Darvocet)
4. Muscle Relaxants. (Example include, Flexeril or Soma)